Disc Problems

The intervertebral discs located along the spine are cartilage cushions or "shock absorbers" found between each of the bones or vertebrae of the spine. These discs can become irritated, inflamed, bulging and can even erupt if the spine undergoes any sort of physical trauma. The most common signs and symptoms of a person suffering from a disc related problem are often numbness and tingling through the arms and legs, which is often accompanied by sharp and shooting pains.

Bulging discs or discs that are pinching on a nerve that exits the spinal column can lead to a more serious condition that is directly linked to a spinal misalignment or subluxation. Our chiropractors here at Summit Chiropractic and Massage, are expertly trained to diagnose and treat disc related problems. Quite often, the use of x-rays and MRIâ??s are needed to properly diagnose a problem with a disc. Chiropractic care can successfully reduce and eliminate the pain and suffering that comes from disc problems.