

## Carpal Tunnel

If you are experiencing any numbness and tingling in your hands or if your strength and coordination in your hands is weaker than normal, you might be suffering from Carpal Tunnel Syndrome. Carpal Tunnel is a condition of nerve irritation that has been directly linked to repetitive motion injuries. Manual laborers, office workers, secretaries, and many athletes use their hands and wrists and may be susceptible to Carpal Tunnel Syndrome.

In the past, surgery was the most common treatment option for this painful and aggravating condition, Carpal Tunnel Syndrome. Nowadays, chiropractors are able to treat CTS conservatively and without the use of surgery or drugs. The biggest obstacle that the chiropractor faces in regards to Carpal Tunnel Syndrome are the people that wait too long to address their condition. If you think that you might be suffering from this serious condition, consult one of our chiropractors for a diagnosis and some potential treatment alternatives.